

* Please send all VIEW submissions to Newsletter@pacificunitarian.org
* Please send requests for a Sunday announcement to: Gary Hart [garyhart@gmail.com](mailto:garylhart@gmail.com)

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Pacific Unitarian Church
A Unitarian Universalist Community

Committed to the Free and Responsible Search for Truth, Meaning, and Service

The View



January 17, 2013

Deadline: Each Wednesday at noon

Hi {FIRST_NAME|PUCer},
...and *THE VIEW* from PUC looks towards all our dreams about building a world we want to live in. You'll find all the PUC news that fits in print here in *THE VIEW*...REEEEAAADD AALLL ABOUUUT IT!



Minister's Message

Love is the Spirit of this Church

With the compelling words of President Obama still ringing in my ears, I felt compelled to join our UU sisters and brothers in taking a pledge of action for 30 Days of Love ending on Valentine's Day. Each day asks me to take a specific action to promote the spirit of our church and religion which we so proudly say in covenant each Sunday. I urge you to consider joining me in taking this pledge. Indeed, my asking you is part of that pledge. Click on the link below and learn more:

www.standingonthesideoflove.org/30daysoflove/

Standing on the Side of Love is our denominational campaign to bring our progressive religious values to those who are marginalized and struggling in our society. As the campaign puts it:

"We are at a transformational moment—struggling to confront our culture of violence and bullying, anxious to see further advancements for LGBTQ equality, and poised to push our leaders to finally enact compassionate, comprehensive immigration reform. Wherever you come from, however you found us, open your heart and lift up your voice during the Thirty Days of Love for a world transformed through the power of love. Take the pledge to join this spiritual journey for

Upcoming Services: January's Monthly Theme: **LIVING FULLY**

This Sunday

9:15 AM

4th Sunday Forum

NEW! Reading Group: Sacred Economics: Money, Gift, and Community in an Age of Transition.

Led by **Rev. John**

**10:30 AM Service
Cherish the Dream**

Living fully requires us to imagine what we and our world could become. Rev. John will share the meaning of the prophets of the American Dream in this special Service.

12:15 PM

**Leadership Academy
—Leadership and Community Module.**

Led by **Kathy Rickey - NEW!**

The Week At a Glance

Thursday, January 24, 2013

8 PM Environmental Coffee Clatch -
Catalina Coffee Co. Redondo Bch

social justice!"

Later this year, I will be leading a workshop on how we as a church might become even more intentional in our spirit of love.

*With Grace and Grit,
—Rev. John*

Minister@pacificunitarian.org

Religious Education Matters

1/27 Spiritual Practices Workshop Sunday for Hobbits through YRUUs. This is a new offering for our children and youth that provides them with the opportunity to experience various spiritual practices as a way of increasing their spiritual "literacy." Each group will experience three different practices.

—Rev. Tamara

AssocMinister@pacificunitarian.org

4th SUNDAY ADULT R.E. PROGRAMMING

9:15 AM: Reading Group: Sacred Economics: Money, Gift and Community in an Age of Transition. Led by Rev. John - **NEW!**

12:15 – 1:30 PM: Leadership Academy—*Leadership and Community* Module. Led by Kathy Rickey - **NEW!**

[* CLICK HERE for your Month-at-a-Glance reference *](#)

—Kathy Rickey, Adult Religious Education

JOIN US THIS SATURDAY @ 7 PM FOR BUDDY MIXER

Buddy Mixers are a fUUn way to get to know other PUCers - over a potluck dinner at a member's home @ 7 PM.

Especially of interest for our visitors, new members, and our Buddy volunteers. [Learn more about the Buddy Program](#)

RSVP to Buddy Coordinator Denise Shiozawa:
denise@umeworks.com.

PSWD Elementary/Family Winter Camp, Grades K-6 Presidents Day Weekend (February 16-18) @ Camp de Benneville Pines

Join us for a weekend of wonder and beauty as we wander in Camp de Benneville's wintry landscape. The spirit of curiosity, community, and amazement surrounds us up at camp, sparking our warm thoughts and offering countless opportunities to have a wonder-full camp experience! Get ready for snow play, outdoor activities, indoor excitement, and a weekend of riddles, puzzles, and lots of time to ask those questions, big & small. This is a wonderful chance for family members to participate in their camper's

Friday, January 25, 2013

10 AM Watercolor Wkshp - Hiatus Until
Further Notice

Saturday, January 26, 2013

9 AM Strategic Planning - O
10 AM French Conversation Grp - V [2nd
& 4th Saturdays]

**6:30 PM Buddy Mixer - O [Vivien
Hao's Home]**

Sunday, January 27, 2013

9:15 AM Forum: Sacred Economics:
Money, Gift, and Community in an
Age of Transition - L

10:30 AM Sunday Services-H
11:45 AM Youth Choir Rehearsal - CR2
12:15 PM PUC Leadership Academy - CR1
7 PM Meditation w/ Gilana (Randy) - H

Monday, January 28, 2013

9:30 AM Tai Chi [Pekich] - H
5 PM Kundalini Yoga Class - H
7 PM Men's Ministry -V
7 PM TENT Mtg - L

Tuesday, January 29, 2013

8:30 AM Aerobics - H

Wednesday, January 30, 2013

11 AM Staff Mtg - L
7 PM Choir Practice - H

Thursday, January 31, 2013

8:30 AM Aerobics - H
10 AM Tai Chi [Beck] - H

Flowers for the Church

A Month & 3/4 of Sundays...

**Almost ALL of the Sundays in
2013 are now available!**

*Now all we need is for YOUU to
pick YOUUUR Sunday(s) to bring
flowers!*

Please contact the [PUC Office](#) to
reserve your date!

Save the Dates!

**3/23: PUC Anniversary Party &
Auction**

Mark your calendars for this year's
PUC Anniversary Party and
Auction on **Saturday, March 23** at
5:30 PM! PUC's largest annual
fundraising event is always lots of
fun. Come join your PUC family as
you eat great food, visit with old
and new friends. and bid on fun

experience, whether they share a cabin with their youth, or allow them to go solo with other unaccompanied campers in the counselor cabins. Registration and details at www.uucamp.org

The Iseum of Isis Paedusis Presents

Imbolc/Candlemas Celebration 5:30 PM, **Saturday,**

February 2 in the PUC Library

Our Imbolc is dedicated this year to the triple-Brigit; Brigit, as she is known in three traditions. Our intentions are healing and sprouting the seeds of the New Year. Wear red and white or colors you associate with the season; ritual attire is requested. Bring finger-food to share: think afternoon tea-type refreshments.

As always, our groundhog mascot, Palos Verdes Pancho, will be with us to see whether winter will continue or whether we will have an early spring. He will also aid us in divination after the ceremony.

We will pass the basket for donations as is the Unitarian way; but no one ever turned away for lack of funds. This ceremony is appropriate for women, men, and teens. We look forward to seeing you, and request that you RSVP so we will be prepared for the right number of participants.

Em hotep, em Ma'at,

—The Iseum of Isis Paedusis (310) 371-0274

Gilana (Randy) Goff Invites YoUU Into PUC's Meditation Circle Each Sunday Night @ 7 PM in the Hall

Our meditation is a Tibetan in nature and in three parts:

1. Chanting the [Aum through the chakras](#),
2. Guided meditation
3. [Tonglen](#) - right up UU's alley!

If you like Tibetan Buddhism you'll be right at home with us. (Ask Patricia...she's be practicing for over a year now.)

—Gilana Goff

New Monday Yoga & Meditation Basics Class

Start the New Year with a healthy practice for your mind, body, & spirit! Join us in the Hall on **Mondays from 5 - 6:15 PM** for *Kundalini yoga*, a physical, mental, and spiritual discipline for developing strength, flexibility, consciousness, and character.

Led by: Aimée Donahue, Yoga Instructor and Therapist
www.yogawithaimee.com.

Join us as we move with relaxing music to calm the mind while keeping the body healthy and youthful. Tap into your body's innate inner healing power! There will be a suggested donation per class.

and creative auction items.

Also, be thinking about what auction item(s) you'll contribute this year: trips, parties, home cooked meals, professional services, lessons, etc. *The planning committee will start reaching out to members the week of January 1 to request auction items.*

Looking forward to seeing you on **March 23!**

Gilana (Randy) Goff Invites YoUU Into PUC's Meditation Circle

**7 PM Each Sunday Night in the
Hall**

Our meditation is a Tibetan in nature and in three parts:

1. Chanting the [Aum through the chakras](#),
 2. Guided meditation
 3. [Tonglen](#) - right up UU's alley!
- If you like Tibetan Buddhism you'll be right at home with us. (Ask Patricia...she's be practicing for over a year now.)

—Gilana Goff



UUSC News

In 2013, UUSC is teaming up with UUs across the country who are committed to ethical eating and to promoting the human rights of workers in the food system. [Join us.](#)

Behind the Kitchen Door is not just a book — it's an opportunity for Unitarian Universalists to [change the national conversation](#) about how to create a truly sustainable food system.

—Sandy McNeil

Upcoming Services:

IT'S EASY TO BE GREEN @ PUC: RECYCLE HERE!!

Remember to bring your **used-up ink & toner cartridges** for recycling (and cash for PUC); your **used batteries, light bulbs, and small electronic devices** for safe disposal and recycling; and **old eyeglasses** for re-use in Latin America; to PUC's recycling center – located just outside the kitchen door. Please bring your **expired prescription & non-prescription meds** into the PUC Office for safe disposal.

—Craig Block

SOUTHLAND INTERFAITH NEWS



For over 18 years the [Good Samaritan Counseling Center](#) has been here for you, and yet some people need to be reminded that we exist and are here to serve. Please remember that YOU have a resource of counseling and clinical pastoral care available right here in your neighborhood and right now at this time of critical need for care. Call us [310-514-3000] for information and locations, or to refer individuals and families in emotional and spiritual crisis.

The Good Samaritan Counseling Center is Sponsored by the South Coast Interfaith Council.

February's Monthly Theme: **JUSTICE**

2/3 Broken and Brilliant

Rev. John reflects on the possibility of creating something new from what is broken in our lives and culture.

2/10 Love and Marbles

In celebration of St. Valentine's day, Rev. John will explore how love is foundation to justice. Join us for our marble communion.

A UU Said That?

"I do not pretend to understand the moral universe; the arc is a long one, my eye reaches but little ways; I cannot calculate the curve and complete the figure by the experience of sight; I can divine it by conscience. And from what I see I am sure it bends towards justice."

—Theodore Parker

Sunday Adult Religious Education Offerings

1st Sunday

9:15 PM: Faith Like a River: Themes From Our UU History

12:15 PM: Theological Academy—Judaism and the Hebrew Bible

(2 classes: 1/6/13 and 3/3/13) Led by Rev. John - **NEW!**

12:15 PM: Standing on the Side of Love Documentary Series

(1st Sunday of every odd-numbered month starting in January, 2013)

2nd Sunday

9:15 AM: In Nature's Honor: Myths, Rituals, & Holidays Celebrating the Earth. Led by Jeff Ordway

12:15 PM: Book Study & Discussion: The Transition Companion by Rob Hopkins. Chapter 1. Readings provided.

3rd Sunday

9:15 AM: The Multicultural Congregation. Led by Vivien Hao -

NEW!

12:15 PM: Introduction to Unitarian Universalism

4th Sunday

9:15 AM: Reading Group: Sacred Economics: Money, Gift, and Community in an Age of Transition. Led by Rev. John - **NEW!**

12:15 – 1:30 PM: Leadership Academy—*Leadership and Community* Module. Led by Kathy Rickey - **NEW!**

5th Sunday (9/30/12 & 12/30/12, 3/31/13, 6/30/13)

9:15 AM: Choices in a Jar – Delightful Dilemmas

Wanted:

Donations of musical instruments to stock the newly revamped Voyagers Room. Drop off with Mr. Craig in the PUC Office. Thanks!!

T-Shirts for 2, or 2 for T-Shirts...

"I need lots of VERY LARGE old tee shirts to use in my classroom as paint smocks. I KNOW there are some large men out there who are dying to get rid of old, stained, ripped tee shirts. Please bring any tee shirts to the RE table and I will pick them up each Sunday. Thank you!"

—Connie Ordway

Fourth Sunday Hospitality

Last Sunday, TOP CHEF Francis Morehouse gave the sous chefs a Sunday off whilst she was away, and ordered up a PIZZA PARTY!!! And that's how the Domino's® fell...

If you'd like to help with the

Recurring Events

Sundays

YRUU High School Group, 10:30 AM, L
Half a Century Marrieds Group, 5th Sun., 12 noon, Fu Yuan Low Restaurant -
Next Date: **Sunday, March 31**
Monthly Town Hall Mtg, 3rd Sun., H
Great Books Discussion Grp, 7 PM, 2nd Sun., L
Books in Our Lives Covenant Group, 1st & 3rd Sun., 7 PM, L
Meditation Circle w/ Gilana (Randy) Goff, 7 PM, All but 1st Sun

Mondays

Tai Chi (Pekich), Mondays, 9:30 AM, H
Women's Reading & Responding Grp, 3rd Mon., 11 AM
Men's Ministry, Mon., 7 PM, V
Environmental Covenant Group, 1st Mon., 7:15 PM, L

Wednesdays

Choir Practice: Wed., 7 PM, H

Thursdays

Aerobics: 8:30 AM, H
Women's Circle, 4th Thursdays, 10 AM
Tai Chi (Beck), Each Thurs., 10 AM, H
Seniors Pow Wow to Share How, 3rd Thurs., 11 AM, L
Environmental Priorities Mtg, 1st Thurs., 7:30 PM, L
Green Sanctuary/Transition Coffee Clatch. 2nd & 4th Thurs., 8-9 PM, Catalina
Coffee Co.

Fridays

Watercolor Workshop, 10 AM - noon, H
GBLTQ Movie, 2nd Fri., 7 PM, L

Saturdays

French Conversation Grp, 2nd & 4th Sat., 10 AM, V. Call Frank Paulsen or Betty
Chevron

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and Service*

If you'd like to help with the

Sunday feast, you can contact:

Mega Top Chef:

[Francis Morehouse](#); 310 291 3399

Ushers:

Dee Masters & OPEN
POSITION

Welcome Table:

Virginia McCulloch/Ramos &
Marian Jones

Greeters:

Jean McDaniel & Shuja Oberoi

Pacific Unitarian Church

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[Rancho Palos Verdes, CA 90275](#)

O:(310) 378-9449 F:(310) 378-1508

admin@PacificUnitarian.org

www.pacificunitarian.org

Sunday Service @ 10:30 AM



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