

\* Please send all VIEW submissions to [Newsletter@pacificunitarian.org](mailto:Newsletter@pacificunitarian.org) by Wednesday Noon.

\* Please send requests for a Sunday announcement to: Gary Hart [garylhart@gmail.com](mailto:garylhart@gmail.com)



Pacific Unitarian Church  
A Unitarian Universalist Community  
Committed to the Free and Responsible Search for Truth, Meaning and Service

# The View



May 22, 2014

Deadline: Each Wednesday at noon

Hi {FIRST\_NAME|PUCer},  
... as *THE VIEW* from PUC looks back AND ahead as Rev. John explores the *Spirit of the Mind* and its impact on our memories. All this, and all the PUC news that fits in print is right here in *THE VIEW* -- REEEEEAAADD AAAALLL AAAABBOOUUUT IT.

## Calling All Pledges! We Need YOURS Too!

Our Pledge Drive Canvass is Wrapping Up  
**Help us make this year a record-setting success by pledging today!**

[Pledge on the PUC website](#) or bring/send in your card from the back of the Pledge Brochure to the box located at the back of the Hall or to the PUC Office.

**THANK YOU to the 170 individuals & families who've already turned in 120 Pledge Cards totalling: \$213,345!**

## Get on (The) Board!

PUC's Board of Trustees will have two openings to fill this June. If you are interested in joining the board please let Craig in the PUC Office, or anyone on the Board, know.

These positions are open to any active member of PUC. Let us know ASAP, so that we can put you on the ballot for the **June 22** Congregational Meeting.



## Music Notes

### From the Music Department:



This past weekend was a busy one. On Saturday our PUC Choir participated, with seven other Unitarian

## May's Monthly Theme: **TRUTH**

This Sunday

**May 25**

**10:30 AM Service**

**Memory and Hope: Spirit of the Mind**

**Rev. John Morehouse**

What power is there in memory? Rev. John explores the connection between what we remember and what hope those memories offer us. *Our Memorial Wall dedication will take place IMMEDIATELY following the Service as we remember all those who have passed from our midst in the last year.*

## The Week At a Glance

### Friday, May 23, 2014

4 PM PUC "Singles On the Go!"-L

6 PM Japanese Dinner @ Iccho (Shiozawa) - O [TS]

7 PM [Swami Atmananda](#)

[Spiritual Meeting](#) – H

7 PM [SUUmmer Friday Night's at the Beach](#)

### Saturday, May 24, 2014

9 AM Strategic Planning - O

Universalist choirs, in our District's annual UU Choir Festival. This year it was held at UU Community Church of Santa Monica. And on Sunday, a few of us performed with Linda Alvarez in her "Veil of Mahalia" show, her biographical musical about gospel singer Mahalia Jackson.

One of my favorite times in our Sunday Service is the Lighting of the Candles for Joys and Sorrows. Balint, our choir pianist, played so beautifully last week. It gives me the rare opportunity to play something that is totally a backdrop, an invisible player. For those who come forward it is sacred time. And it gives those of us who are observing the chance to forget ourselves for a minute and focus on those of us who need our best wishes.

The Youth Choir will be back on the first Sunday of June with the song "Happy". Looking forward to it.

As always, there is an open invitation to those who like to sing to join in the Choir. I can guarantee it to be both fun and moving.

—**Severin**

*Dr. Severin Behnen, Music Director*

[Music@pacificunitarian.org](mailto:Music@pacificunitarian.org)

## Religious Education Matters

### Family Religious Education Ministry

#### MAY CALENDAR

**5/25:** Last day of regular RE classes for the year  
Today the children and youth celebrate the end of the Church year and prepare their presentation for our all-church Religious Education 'Sundae' Sunday on June 1.

—**Rev. Tamara**

[AssocMinister@pacificunitarian.org](mailto:AssocMinister@pacificunitarian.org)

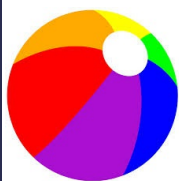
Due to the success of having the **children go directly to the front carpet before Service** on Easter Sunday, we will continue to do this each week. This also provides more seating for visitors.

All seats in the front row will be reserved for parents.



Please [CLICK HERE](#) to request to be added to the R.E.

Family Facebook Group.



## SUUmmer Friday Night's at the Beach w/PUC Starts **THIS Friday!!**

Bring the whole family and join your Church family this summer as we play in the sand & surf and take time out to watch the sunset with reverence, and with each other.

**Starting THIS Friday night, May 23, at 7 PM** starting on [Redondo Beach at Avenue G](#). Pack a picnic or get together for a late dinner and drinks afterwards at a local establishment. Contact Krista Weber

9 AM [Blue Sky Mindfulness](#)

[Training For Adults](#) - CR1

10 AM [Swami Atmananda](#)

[Spiritual Meeting](#) -H

10 AM French Conversation Grp -  
V[2nd & 4th Saturdays]

**Sunday, May 25, 2014**

**New Member Ritual - H**

10 AM Childcare - CR3

10:30 AM Sunday Services-H

11:45 AM PUC YoUUth Choir  
Rehearsal - H

11:45 AM Annual Memorial Wall  
Tile Dedication - MG

12:15 PM Intern Minister  
Committee - V

1 PM [Swami Atmananda](#)

[Spiritual Meeting](#) - H

**Monday, May 26, 2014**

**Memorial Day - Office Closed**

5 PM [Kundalini Yoga &  
Meditation Class](#) - H

**Tuesday, May 27, 2014**

10 AM [PUC Buddhist Meditation  
Group](#) - V

2:15 PM Staff Meeting - L

**Wednesday, May 28, 2014**

11 AM [Beginning Yoga](#) w/ Debi

11:30 AM [Philosophies of the  
Mind Class w/ Rev. John](#) - CR1

12 PM Luncheon (Fridley) - O [TS]

4 PM Living UU Values Small  
Group - V

**Thursday, May 29, 2014**

10 AM Tai Chi [Beck] - H

5 PM PUC "Singles On the Go!"-L

6:30 PM PUC Choir Practice - H

***Sunday's Flowers are "to  
celebrate the June 3  
birthday of my favorite 3rd  
son, Craig."***

—**Joyce Block-Miller**

at [InternMin@PacificUnitarian.org](mailto:InternMin@PacificUnitarian.org) for more information or to get involved!



## SILENCE FROM THE CAVES with Swami Atmananda

"They" say that when you sit with a spiritual master, you sit in a shower of radiance. Four years of retreat has brought a gentle, quiet, mystic knowing to this visiting teacher - you can almost hear the sound of the wind moving gently past when sitting with him. Let's relax into spiritual awakening together! Swami Atmananda offers satsangs on the non-dual essence of Reality and the nature of spiritual awakening.



**DONATIONS.** Donations are just that - in consideration of the costs of airplane travel, hotel and meals - along with rental of the room - we accept donations to make sure that coming to us isn't a burden on the Swami. We don't want him to have to pay money to speak to us! *We ask for donations to make it easy for him to be with us.*

### SCHEDULE:

**FRIDAY, MAY 23:** satsang 7- 9 PM

**SATURDAY, MAY 24:** satsang 10 AM -1:30 PM

**SUNDAY, MAY 25:** Speaking at our Worship Service at 10:30 AM and satsang 1 - 5 PM [CLICK HERE to register.](#)



Join the South Coast Interfaith Council for:

### AN EVENING WITH RUMI:

#### *53 Secrets from the Tavern of Love*

*A Fundraising Dinner to benefit the South Coast Interfaith Council!*

*DELICIOUS PERSIAN DINNER | CLASSICAL PERSIAN MUSIC | RUMI'S POETRY | PERSIAN DANCE | CONTEMPORARY IRANIAN MUSIC | INTERFAITH CHILDREN'S CHOIR | SILENT AUCTION*

**Saturday, May 31** -- Appetizers: 6 PM \* Dinner: 7:30 PM

**Location:** Residence of Drs. Flor Geola & Anthony A. Lee

[1019 John Street \(corner of Eleventh and John Streets\)](#)  
[Manhattan Beach, CA 90266](#)

Reservations: \$50 (for Guests) and \$100 (for Sponsors)

RSVP by 5/26, 2014 to SCIC: 562-983-1665 [office@scinterfaith.org](mailto:office@scinterfaith.org).

Please click [here](#) for a PDF flyer.

**The Family R.E. Team NEEDS YOU!**



### PASTORAL CARE NEWS:

Please hold **Betsy**

**Walters** and her family in

the light following the passing of Betsy's son, Michael Mahn, who passed away yesterday, Wednesday, May 21. Betsy thanks all of you who who've expressed your loving thoughts.

A Celebration of life for Michael will take place at PUC at 5:30 PM **THIS Sunday, May 25.**

If you are in need of Pastoral Care, please contact **Reverend John.** [pastoralcare@pacificunitarian.org](mailto:pastoralcare@pacificunitarian.org) or the [PUC Office.](#)



### Employment Opportunity:

**Davis In-Home Care** seeks an upbeat, energetic person who loves working with people to help us serve a growing list of clients with non-medical, in-home care.

[CLICK HERE for more...](#)

[Submit your posting request](#)

### June's Monthly Theme: **MYSTERY**

Why do we have themes?

[Touchstones Journal: June 2014 - Mystery](#)



### **4<sup>th</sup> Sunday Hospitality**

**Special Thanks to All of YOU who help!**

**TOP CHEF Vivien Hao** and her team of Sous Chefs - **Ray & Carolyn Waters, Marvel Burke,**

**Calling All PUC Members:** We want YOU to consider joining the Family Religious Education Team!

\* Not just for parents, we seek men and women of all ages and family situations in our congregation who want to get more involved in shaping the youth programs in our church.

\* Are you a parent? Your voice matters.

\* Are you a grandparent? Your voice matters.

\* Are you a joyfully child-free "auntie" or "uncle"? Your voice matters.

\* Were you ever a child, filled with wonder and curiosity? Your voice matters.

We are here to support and guide our congregation's children's spiritual development, building multigenerational, multicultural, and socially just bridges within our community and out into the world, and we acknowledge the power of a village in raising the next generation.

If you are interested in joining the Family Religious Education team, please email [Rev. Tamara](#) and FRE Committee Chair [Alana Garrigues](#). Or stop by the FRE Table to talk to any of our committee members on the patio Sunday after Service.

Committee membership is intended as a three year commitment; membership considered on a rolling basis. We meet monthly in the evening to develop programming and discuss FRE-related issues.

Thank you for your consideration, and for your support,

—*Rev. Tamara Casanova Suzuki, Alana Garrigues,  
London Gallagher, Greg Garcia, Kristy Lesan,  
Tracy Lewis, Noelle Grace Portland, Your 2013-14 FRE Team*

## 2,4,6,8, Now It's Time to Meditate!

Did you know we have a Meditation Group at PUC? We meet every Tuesday from 10 -11 AM and would be happy to have you join us. There are plenty of seats available, but you can bring a cushion or pad if you'd prefer.

We meet in the Voyagers Room, and no advance notice is required. Just show up at 10 AM. **Brad Shreve** and **John Hocutt** are peer-leaders, and while happy to share their knowledge and experience, neither is a formal teacher.

If you would like to learn more about meditation and have questions, either Brad or John would be happy to meet with you 20 – 30 minutes before the group begins. Or, feel free to contact them -  
Brad: [bdshreve\(at\)outlook.com](mailto:bdshreve(at)outlook.com) OR John: [jhocutt.ChE81\(at\)GTalumni.org](mailto:jhocutt.ChE81(at)GTalumni.org) .

## Around Our District and Beyond...



### A UU Said That?

"To each winter a Spring  
God will surely bring,

## Janet Steinberg, & Margo Meikle

are to be commended for orchestrating the menu and delivery of Sunday luncheon on the Patio.

Vivien has completed her second year serving as a Top Chef for PUC Patio lunches -- Cheers! May her summer be filled with sweet dreams of returning in September & cooking up food food food!

**NEXT SUNDAY- Naresh Deo & Debi Robinson** hints of vegan, veggies, rice, & spice by Sous Chefs **Dean Curliss, Deb Reynolds, Janet Steinberg & who... Maybe you?**

Show up any Sunday at 9:30 AM for an hour of Kitchen power!!!



### Ushers:

Scott Garrabrant & Joanna Hannff

### Welcome Table:

Joyce Block-Miller  
& William Koelsch

### Greeters:

Jean McDaniel & Shuja Oberoi

## Recurring Events

### Sundays

YRUU High School Group, weekly,  
10:30 AM, L

Half a Century Marrieds Group, 5th  
Sun, 12 PM, Fu Yuan Low

Restaurant - Next: **Sun, June 29**

Books in Our Lives Covenant  
Group, 1st & 3rd, 7 PM, L

### Mondays

Women's Reading & Responding  
Grp, 3rd, 11 AM, L

[Kundalini Yoga w/ Aimee](#),  
5 PM, H

Board of Trustees, 1st & 3rd,  
7 PM, L

Environmental Covenant Group,

And the heart shall sing:  
Life is life forever, evermore!"

—**Frederick Lucian Hosmer**

(Unitarian, hymnist, clergy)

Quoted in *A Little Child at Breakfast Table*,  
William & Mary Gannett, (1915)

[Click Here for Videos Related to Unitarian Universalism](#)



**Sunday Service: 10:30 AM**

Office Hrs: Sunday: 9 AM - 3 PM, Mon. - Thurs: 10 PM - 5 PM  
5621 Montemalaga Drive, Rancho Palos Verdes, CA 90275

**Contact Us:**

Office: (310) 378-9449 Fax: (310) 378-1508

[admin@PacificUnitarian.org](mailto:admin@PacificUnitarian.org) [www.pacificunitarian.org](http://www.pacificunitarian.org)

[Click here for Directions](#)

1st, 7:15 PM, L

**Tuesdays**

[Buddhist Meditation Grp](#), weekly,  
10 AM, V

**Wednesdays**

[Beginning Yoga](#) w/ Debi  
Robinson, weekly, 11 AM

**Thursdays**

Tai Chi (Beck), Thurs, 10 AM, H  
Seniors Pow Wow to Share How,  
3rd, 11 AM, L  
PUC Choir Practice, weekly, 6:30  
PM, H

[Environmental Priorities  
Network](#), 2nd, 7:30 PM, L

**Saturdays**

French Conversation Grp,  
2nd & 4th, 10 AM, V



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